

JAN DACRI, M.A.
Creator of The Green Room Concept
& MindBody TuneUp®

- Memory Improvement Expert.
- 30 years as a popular and highly acclaimed speaker for corporate events.



- Clients include: 3M; Boise Office Solutions; IAAP [International Association of Administrative Professionals]; AARP; Human Resource Associations; YPO; Trane; Owens-Corning; Golden Corral Restaurants; and just recently, The Las Vegas Chamber of Commerce, Business Education Series.

- Creator of MindBody TuneUp® — unique and original software for Memory Improvement, Better Breathing, Stretch Away Stress, and Relaxation Techniques.

For more information, visit:
www.jandacri.com



We look forward to hearing from you.

Phone: 702-376-4727
E-mail: jan@jandacri.com

To arrange for a FREE
CONSULTATION.

A Unique Employee Benefit Concept

Ensuring maximum productivity and peak performance regardless of professional and/or personal pressures . . .



**THE GREEN ROOM
& MindBody TuneUp**

INTRODUCING "THE GREEN ROOM"

WHAT IS IT?

A Green Room is literally a room (in a workplace, call center, health clinic, community center, or in a private home) that has been enhanced to serve a new purpose.

**A Place to Breathe Fresh Air,
Relax, Recharge, Regenerate**

WHY IS IT CALLED "THE GREEN ROOM"?

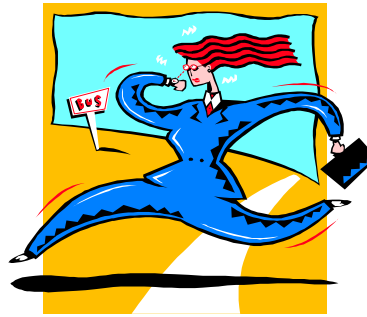
Plenty of green leafy, breathing plants and indoor trees, chosen for their ability to produce oxygen, and visual images of natural scenery, etc. provide the feeling of "being out in nature" while you're actually indoors, inside a room.



WHAT IS IT FOR?

To provide a comfortable, convenient place right at work to take a relaxing break, a mini mental vacation, to "get away from it all"; revive the brain cells, let go of tension, unwind, recharge.

THE GREEN ROOM is the ideal place for a MindBody TuneUp using Jan Dacri's unique, original follow-along computer software designed to help reduce stress, boost memory. Employees return to work feeling revitalized, rejuvenated, and refreshed with a sharper, clearer mind.



Give your employees a great place to escape from the hectic pace and pressure for a few minutes between "TO DOs" and customers . . . to restore their outlook and enthusiasm. Authentic stress-relief right when (and where) they need it most!

They will appreciate the benefit to their personal well-being and they'll be able to keep performing at peak capacity all day.

HOW WILL MY COMPANY BENEFIT?

Companies implementing THE GREEN ROOM & MindBody TuneUp software will benefit from:

- improved employee morale
- enhanced work productivity
- peak performance results
- better customer relations
- reduced stress-related absenteeism ("sick-leave")
- lower health-care costs
- company loyalty — less attrition
- a perk that attracts quality new hires & insures your investment in training

Can your company afford to miss out on this revolutionary wellness concept?

Arrange for a FREE consultation to discuss the benefits of offering Jan Dacri's MindBody TuneUp program and having a Green Room in your place of business.

All components installed and maintained by licensed professionals.



Contact us today

We look forward to hearing from you.

**Phone: 702-376-4727
Email: jan@jandacri.com**