



Congratulations!

Our company has embraced the idea of converting the office into a more relaxing, refreshing environment. Within two weeks we will also have a “Green Room” set up in the warehouse for you to use on your breaks and/or whenever you need to relax.

Jan Dacri, internationally acclaimed motivational speaker and creator of the “Green Room” concept, has assembled a team of experts and artists she calls “The Green Team”. Jan will be lending her expertise, research results, and knowledge by:

- Overseeing the transformation of our entire office into a bright, fresh air space;
- Supervising the creation of the Green Room (a place for team members to renew/recharge before, during, and after the work day);
- Conducting a series of entertaining, informative and motivational presentations for our team to know how to maximize results from the use of the room;
- And perhaps most importantly, furnishing educational materials including her original interactive software called “*MindBody TuneUp*” for us to learn better breathing habits (to benefit most from the oxygen-rich air), memory improvement (which we all need!), and stress relief techniques we can use everyday.

What will really make our “Green Room” effective is knowing how to take advantage of the opportunity it provides. Just as we schedule our cars for regular tune-ups; Jan’s software program teaches people how to make their day more productive by doing brief “*MindBody TuneUps*” several times each day, at their desks as well as in the Green Room. Jan has been teaching Memory and Self-Improvement techniques for 30 years. The Chamber of Commerce chose her to be the kick-off speaker for the 2005 Business Education Lecture Series recognizing how lucky we are to have her right here in Las Vegas. (See [www.jandacri.com](http://www.jandacri.com).)

Introducing live plants, waterfalls, full-spectrum lighting, etc. in the office, creating a Green Room for more refreshing breaks, and the use of Jan Dacri’s “*MindBody TuneUp*” instruction and software are all initiatives designed to enhance business productivity by creating a less stressful environment and to contribute to the positive continued renewal and development of each member of the team. This innovative employee benefit is consistent with our #1 theme, our goal of creating “a work environment where people thrive, not just survive”.

Thanks for your great work and continued contribution to the success of Shred-it Las Vegas!

Bob Linden